

## tending the feminine fire

RETREAT AT THE GREAT ESCAPE MUSTANG SANCTUARY / 2021

ignite your feminine fire through mustang medicine

There is a Feminine Fire burning bright in every woman, that must be tended. This fire represents your essence, courage, intuition, creativity, sensuality and unique gifts and talents. As you tend your feminine fire, you come to know yourself intimately. You must always maintain at least one third of your Feminine Fire for your own well-being. What empowers and builds your fire? What depletes your fire? Who or what do you allow to take your fire? We must know how to care for our body, mind, heart, and spirit in order to lead, empower, care for ourselves and others.

We will come together as a village to explore, share, and support each other through the activities below, that ignite a deeper connection to your authenticity and sovereignty, by exploring the areas of Mind, Body, Spirit and Heart.

## Join us at the **Great Escape Mustang Sanctuary**, where wild horses roam amongst us.

Check out our accommodations www.escapeontherange.com

- RETREAT AT GREAT ESCAPE MUSTANG SANCTUARY includes:
  - one-on-one Equine Guided Coaching Session with one of the GEMS mustangs
  - a private eco cabin on the range
  - visits with the wild horse herd
  - drumming and dancing
  - Connecting with the intelligence in Nature
  - making your own rattle
  - delicious, healthy meals and snacks
  - a Mineral Ritual to release disempowering stories, beliefs, and old wounds that diminish your Feminine Fire
  - the practice of the Blessing Way

Schedule: Arrive on Friday, October 1, by 4:00 pm.
Depart on Sunday, October 3, at 11:00 am.
We can accommodate up to 7 people



payment plans available

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www.gatesofinanna.com